

| Altersklassenwertung Frauen Main-Lauf-Cup 2009 | | | | | | | Silvester-lauf 10 KM 2008 | Griesheim 21KM | Naurrod 21 KM | Nieder-Erlenbach 10 KM | Groß-krotzen-burg 10KM | Steinberg 10 KM | Schwan-heim 10 KM | Berkers-heim 10 KM | Hausen 10 KM | Mühlheim 10 KM | Neu-Isenburg 10 KM | Rodheim 10 KM | Offen-bach 21 KM | Silvester-lauf 10 KM 2008 |
|------------------------------------------------|---------------------------|----------|----------------------------|---------------|--------------|---------------|----------------------------|-----------------|---------------|------------------------|------------------------|-----------------|-------------------|--------------------|--------------|----------------|--------------------|------------------|------------------|---------------------------|
| Platz | Name | Vorna-me | Verein/*Ort | Alters-klasse | Anzahl Läufe | Gesamt-punkte | Frankfur-ter Halb-marathon | Griesheim 10 KM | Naurrod 10 KM | Groß-krotzen-burg 21KM | Frank-furter Volkslauf | Steinberg 21 KM | Bonames 10 KM | Mörfelden 10 KM | Hausen 21 KM | Mühlheim 21 KM | Neu-Isenburg 21 KM | Offen-bach 10 KM | | |
| WHK | | | | | | | | | | | | | | | | | | | | |
| 1 | Straub, Kerstin | | SSC Hanau-Rodenbach | WHK | 7 | 694 | | 98 | | | | | | | | | | | | |
| 2 | Pusch, Claudia | | SSC Hanau-Rodenbach | WHK | 8 | 691 | 96 | | | 100 | 98 | 100 | 98 | 100 | | 100 | | 100 | | |
| 3 | Vabic, Nina | | *Hanau | WHK | 9 | 689 | 83 | | | 97 | 96 | 97 | 96 | 96 | | 100 | | 100 | | |
| 4 | Posselt, Ulrike | | TUS Weilau | WHK | 10 | 675 | | 93 | | 93 | 95 | 95 | 97 | 97 | 96 | | 98 | | 95 | |
| 5 | Ernst, Laura | | Schroebo.de | WHK | 8 | 609 | 72 | 65 | | | 94 | 91 | 95 | | | | | | | 75 |
| 6 | Siebert, Hannah | | Gregor Samsas Laufstall | WHK | 8 | 538 | 46 | | | | 77 | | 80 | | 93 | | 64 | 85 | 87 | 46 |
| 7 | Karsan, Meral | | Die lustigen Lauffreunde | WHK | 7 | 504 | 45 | | | | 79 | | 81 | | 94 | | 66 | | | 47 |
| W30 | | | | | | | | | | | | | | | | | | | | |
| 1 | Voß, Yvonne | | Heilpraxis für Sporttherap | W30 | 9 | 700 | 79 | | 100 | | | | | | | 98 | | | | |
| 2 | Lübben, Claudia | | TG Bornheim | W30 | 8 | 667 | 33 | | 97 | | 95 | 98 | 100 | 100 | 97 | | 96 | | 100 | |
| 3 | Hept, Kerstin | | 4 Running | W30 | 11 | 640 | | 79 | | | 85 | | | | | | | | | 57 |
| 4 | Köhnke, Regina | | SG Druckerei Spiegler Bac | W30 | 7 | 639 | | | 96 | | 92 | | 94 | 89 | 93 | | | | | |
| 5 | Michels, Lisa | | Marathon Projekt Frankfu | W30 | 10 | 612 | 55 | 35 | | | 86 | | 93 | 92 | | 95 | | 65 | | 67 |
| 6 | Jürgens, Karen | | Ginnheimer LT | W30 | 9 | 607 | 38 | 26 | | 91 | | 96 | 98 | 96 | 94 | | 75 | | | 58 |
| W 35 | | | | | | | | | | | | | | | | | | | | |
| 1 | Kurz, Martina | | Friedrichsdorf | W35 | 8 | 700 | | | | 100 * | 100 * | 100 * | 100 * | 100 * | 100 * | | | | | |
| 2 | Ackeremann, Simone | | TG Schwanheim | W35 | 12 | 694 | 92 | 65 | | | 100 | 100 | 98 | 98 | 100 | | | | | 91 |
| 3 | Tywczyński, Joanna | | TV Salmünster | W35 | 7 | 688 | 97 | 95 | | 100 | 100 | | | | | 98 | 98 | 98 | | |
| 4 | Garbers, Ulrike | | Eintracht Frankfurt e.V. | W35 | 9 | 683 | | | 98 | | 97 | 97 | 96 | 96 | | | | | | |
| 5 | Niemeyer, Petra | | *Frankfurt am Main | W35 | 9 | 639 | 55 | 30 | | | 95 | 94 | 94 | | 98 | | | 100 | | 74 |
| * Sonderwertung (siehe Mitteilung 31.07.09) | | | | | | | | | | | | | | | | | | | | |
| W 40 | | | | | | | | | | | | | | | | | | | | |
| 1 | Luckhardt, Ilona | | TEAM Beyerdynamic | W40 | 9 | 700 | | | | | | | | | | | | | | |
| 2 | Schreiber, Birgit | | Bio-Runner Rhein-Main | W40 | 9 | 686 | | 96 | 100 | | 98 | 100 | 100 | 98 | 100 | | | | | |
| 3 | Schmitt, Ute | | Bio Runner Rhein-Main | W40 | 8 | 669 | | 92 | | | 97 | 98 | | | | | | | | |
| 4 | Strzyz-Winkowski, Isabel | | Bio-Runner Rhein-Main | W40 | 9 | 644 | | 71 | | | | 93 | 81 | 97 | 96 | | | | | |
| 5 | Bergelt, Carola | | SG Druckerei Spiegler | W40 | 9 | 629 | 67 | 58 | | | 94 | 92 | 87 | 84 | | 88 | | | | 42 |
| 6 | Wust, Angelika | | LG Rüsselsheim | W40 | 9 | 582 | 20 | | 83 | | 82 | 76 | 93 | 86 | 90 | | | | | 67 |
| 7 | Rossee, Jutta | | Frankfurt am Main | W40 | 9 | 558 | 24 | | | | 84 | 84 | 82 | 84 | | | | | | |
| 8 | Taschek, Petra | | SG Druckerei Spiegler | W40 | 8 | 530 | 11 | | | | 85 | 81 | 81 | | | | | | | |
| 9 | Rotard, Susanne | | Ginnheimer LT | W40 | 7 | 450 | 0 | | 88 | | 97 | 77 | 95 | | 86 | | | | | 34 |
| 10 | Niehaus, Gabriele | | Fun-Ball Dorteilweil | W40 | 7 | 427 | 15 | | | | 81 | 94 | 95 | | | | | | | 0 |
| 11 | Wink, Petra | | *Rodenbach | W40 | 7 | 421 | | 0 | | | | | | | | 77 | | | | 0 |
| W 45 | | | | | | | | | | | | | | | | | | | | |
| 1 | Blatz, Regina | | TV Salmünster | W45 | 9 | 700 | | 98 | | | | | | | | | | | | |
| 2 | Grubitsch, Stefanie | | LG Eintracht Frankfurt | W45 | 9 | 689 | | | | 100 | | | | | | | | | | |
| 3 | Cord To Krax, Rita | | Eintracht Frankfurt | W45 | 9 | 680 | 94 | 92 | | | 96 | 100 | 97 | 94 | 100 | | | | | |
| 4 | Schulze, Heike | | TB Wiesbaden | W45 | 15 | 663 | 86 | 57 | | | 93 | 93 | 93 | 87 | | 91 | | | | 82 |
| 5 | Liebs, Stefanie | | Spiridon Frankfurt | W45 | 8 | 658 | 93 | 75 | | | 98 | 96 | 95 | 97 | | | | | | 96 |
| 6 | Reccius, Jutta | | Spiridon Frankfurt | W45 | 7 | 654 | | | | | 95 | 91 | 92 | 95 | | | | | | |
| 7 | Berberich-Haiser, Birgit | | TGM SV Jügesheim | W45 | 10 | 646 | 80 | 39 | | | | 90 | 94 | | 95 | | | | | |
| 8 | John, Helga | | Bio-Runner Rhein-Main | W45 | 9 | 644 | | | 88 | | | | | | 97 | | | | | 91 |
| 9 | Klein, Annette | | Marathonprojekt Frankfur | W45 | 9 | 641 | 61 | 49 | | | 97 | 94 | 97 | 86 | | 93 | | | | |
| 10 | Brendlin, Christiane | | Bio Runner Rhein-Main | W45 | 10 | 636 | 56 | 20 | | | 94 | | 89 | 85 | 94 | 92 | | | | 85 |
| 11 | Adamsky, Ines | | *Offenbach am Main | W45 | 8 | 629 | 54 | 60 | | | | | | | | | | | | |
| 12 | Vogel-Wiedler, Sabine | | *Frankfurt am Main | W45 | 8 | 617 | 83 | 31 | | | 97 | 87 | 94 | 96 | 97 | | | | | 92 |
| 13 | Drexler-Wagner, Sabine | | Wilde Waden | W45 | 10 | 591 | 64 | 21 | | | 95 | | 88 | 90 | | | | | | 86 |
| 14 | Beckert, Sylvia | | Frankfurt am Main | W45 | 7 | 555 | | | | | 89 | 92 | | | | | | | | 47 |
| 15 | Sadkowiak, Dagmar | | Runfun-Team | W45 | 7 | 540 | 49 | | | | 91 | | 85 | | | | | | | 52 |
| 16 | Vinzenz-Viehmann, Gabi | | SG Frankfurt-Nied Triathlk | W45 | 7 | 524 | | 34 | 84 | | | | | 84 | 91 | | | | | |
| 17 | Westerwald, Uschi | | SG Frankfurt-Nied Triathlk | W45 | 7 | 472 | 17 | | | | 93 | | | | 93 | | | | | 25 |
| W 50 | | | | | | | | | | | | | | | | | | | | |
| 1 | Straub, Annette | | SSC Hanau-Rodenbach | W50 | 8 | 697 | | 97 | | | | | | | | | | | | |
| 2 | Gómez-Ruhland, Marisa | | SC Steinberg | W50 | 7 | 696 | | | | 100 | | | | | | | | | | 100 |
| 3 | Jarczyk, Gudrun | | *Frankfurt am Main | W50 | 10 | 683 | 89 | 61 | | | 96 | 100 | 100 | 93 | 100 | | | | | |
| 4 | Sievers, Annette | | Mühlheim | W50 | 9 | 682 | 95 | 97 | | | 98 | 98 | 96 | 95 | | | | | | |
| 5 | Krahl, Bettina | | Spiridon Frankfurt | W50 | 7 | 667 | 88 | 91 | | | 98 | 98 | 96 | | 97 | | | | | 96 |
| 6 | Leylek, Katharina | | SC Steinberg | W50 | 8 | 663 | 85 | 73 | | | 97 | 97 | | | | | | | | |
| 7 | Timmerberg-Schutt, Ulrike | | LG Eintracht Frankfurt | W50 | 9 | 660 | | | | | 98 | 90 | 93 | 94 | 98 | | | | | |
| 8 | Baumer, Petra | | Nidderau | W50 | 12 | 654 | | | 92 | | | | | | | | | | | 50 |
| 9 | Pratschker, Cornelia | | TUS Kelsterbach | W50 | 8 | 636 | 50 | | | | | | 91 | 96 | 91 | | | | | 85 |
| W 55 | | | | | | | | | | | | | | | | | | | | |
| 1 | Jerrentrup, Christine | | | W55 | 12 | 685 | 73 | 85 | | | 100 | | 98 | 98 | 98 | | | | | 87 |
| 2 | Horbert, Ingeborg | | TG Schwanheim | W55 | 10 | 675 | 89 | | | | 96 | 94 | 96 | 97 | 95 | | | | | |
| 3 | Lorz, Rita | | Frankfurt am Main | W55 | 8 | 667 | 69 | 86 | | | 97 | 94 | 97 | 97 | | | | | | |
| 4 | Richter, Inge | | Fechenheimer LT 2000 | W55 | 6 | 563 | | | | | 97 | | 95 | | | | | | | |
| W 60 | | | | | | | | | | | | | | | | | | | | |
| 1 | Antoni, Sissi | | Ginnheimer LT | W60 | 12 | 700 | | | | 100 | | | | | | | | | | |
| 2 | Keim, Ingrid | | SC Steinberg | W60 | 8 | 691 | | | | 100 | | | | | | | | | | 98 |
| 3 | Wieß, Maren | | Spiridon Frankfurt | W60 | 9 | 665 | 88 | 91 | | | 98 | | 97 | 97 | 98 | | | | | 93 |
| W 65 | | | | | | | | | | | | | | | | | | | | |
| 1 | Roschke, Krista | | TSG Oberursel | W65 | 7 | 685 | 95 | | | | | | | | | | | | | |
| W 70 | | | | | | | | | | | | | | | | | | | | |
| 1 | Schumacher, Helga | | Spiridon Frankfurt | W70 | 9 | 700 | | | | 100 | | | | | | | | | | |
| 2 | Beck, Sigrid | | Bio-Runner Rhein-Main | W70 | 11 | 698 | 96 | | | | 100 | 98 | 100 | 98 | 100 | | | | | 100 |